

- Description:** You have just undergone a **STONE OPERATION** with a **STENT PLACEMENT**. During the procedure the doctor has broken up the stone or, has moved the stone to a safe location and placed a Ureteral stent. The stent allows the kidney to drain properly and also dilates the ureters so that the stone or stone fragments will pass during urination.
- Hospital Stay:** Outpatient/ Same Day Surgery
- Anesthesia:** General
- Post-Op Visit:** 7 to 10 days. You may be required to have a KUB(kidneys/ureters/bladder) X-ray prior to this visit. Your post-op appointment is generally made at the same time as your surgery appointment. If this was not done then an employee will be calling you in the next few days to get that appointment set up, if you do not hear from us then please call the office.
- Stitches/ Sutures:** No stitches/ sutures are used.
- Dressing:** No dressing is needed following this procedure.
- Urination:** Most patients will be able to void before leaving the hospital.
- Diet:** You should avoid caffeine, alcohol, and spicy foods to help minimize bladder irritability.
- Shower:** You may shower when you get home.
- Drive:** You will need to have someone drive you home from the procedure. You may resume driving when you have stopped taking the narcotic medication (if prescribed).
- Activity** Limited for the day of the procedure. You may return to normal activity the next day.
- Intercourse:** You may return to normal activity the next day.
- Work:** You may return to work the day following your procedure.
- Travel:** You may return to normal travel the next day. Please keep in mind the Stent will need to be removed by an Urologist.
- Medication:** You may resume your regular medication after surgery. If you are taking blood thinners, first check with the doctor before restarting.
- Normal after surgery:** Blood in Urine.
Back discomfort with urination
Frequency and urgency of urination
Burning with urination
Bladder irritability/ spasm caused by the stent.
- Call the office IF:** If you have a fever over 101.5.
Difficulty urinating
Increased blood or blood clots in urine.
Unrelieved pain.
Any other Questions or concerns.